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# Gynaecomastia Surgery - Men's Breast Reduction

Gynaecomastia is the condition that causes enlarged breasts in men. It can be caused by a range of factors and can affect teens and men of all ages.



### Potential Risks and Complications

Modern surgery is generally safe but does have the potential for risks and complications to occur.

Some possible complications and risks associated with surgery for gynaecomastia may include:

- Risks of anaesthesia including allergic reaction or potentially fatal cardiovascular complications such as heart attack
- A blood clot in the deep veins of the legs (deep vein thrombosis), which can move to the lungs (pulmonary embolus) or to the brain and may be life threatening
- Allergic reaction to suture materials, tape adhesive or other medical materials and lotions
- Excessive bleeding
- Slightly mismatched breasts or nipples
- Temporary numbness or loss of breast sensation
- Recurrence of breast growth after surgery can occur if breasts are not fully developed
- Another procedure may be needed to remove excess skin
- Permanent pigment changes in the breast area
- Keloids and hypertrophic scars that are raised, red and thickened scars. These may form over the healed incisions. They may be itchy, annoying and unsightly but are not a threat to health

**Disclaimer:** The above list is not exhaustive and other risks, complications, or outcomes may occur during or after your surgery. If you wish to discuss the potential risks and complications further, please do so at your patient consultation.

Dr. Turner is a member of the following professional organisations

