

Dr. Alexandra Turner

Plastic Surgeon MBBS BSc FRACS

MED00001125632



Breast Lift - Mastopexy

A breast lift, or mastopexy, is a surgical procedure that may be considered by individuals seeking to address breast ptosis (sagging) and change breast shape.

Potential Risks and Complications

Modern surgery is generally safe but does have the potential for risks and complications to occur.

Some possible complications and risks associated with breast lift surgery may include:

- Surgical risks such as bleeding or infection
- Fluid accumulation around the operation site(s)
- Visible and prominent scars including keloid and hypertrophic scars. These are raised, red and thickened scars that may form over the healed incisions. They may be itchy, annoying and unsightly but are not a threat to health
- Allergic reaction to suture materials, tape adhesive or other medical materials and lotions
- Skin discoloration, permanent pigmentation changes, swelling and bruising
- Fatty tissue deep in the skin could die (fat necrosis) leaving hard lumps
- Changes in breast and nipple sensation
- Temporary or permanent areas of numbness
- Asymmetry (unevenness) of the breasts
- Excessive firmness of the breast
- Potential partial or total loss of nipple and areola
- Need for further surgery to treat complications
- Risks of anaesthesia including allergic reaction or potentially fatal cardiovascular complications such as heart attack
- A blood clot in the deep veins of the legs (deep vein thrombosis), which can move to the lungs (pulmonary embolus) or to the brain and may be life threatening.

Disclaimer: The above list is not exhaustive and other risks, complications, or outcomes may occur during or after your surgery. If you wish to discuss the potential risks and complications further, please do so at your patient consultation.

Dr. Turner is a member of the following professional organisations

